

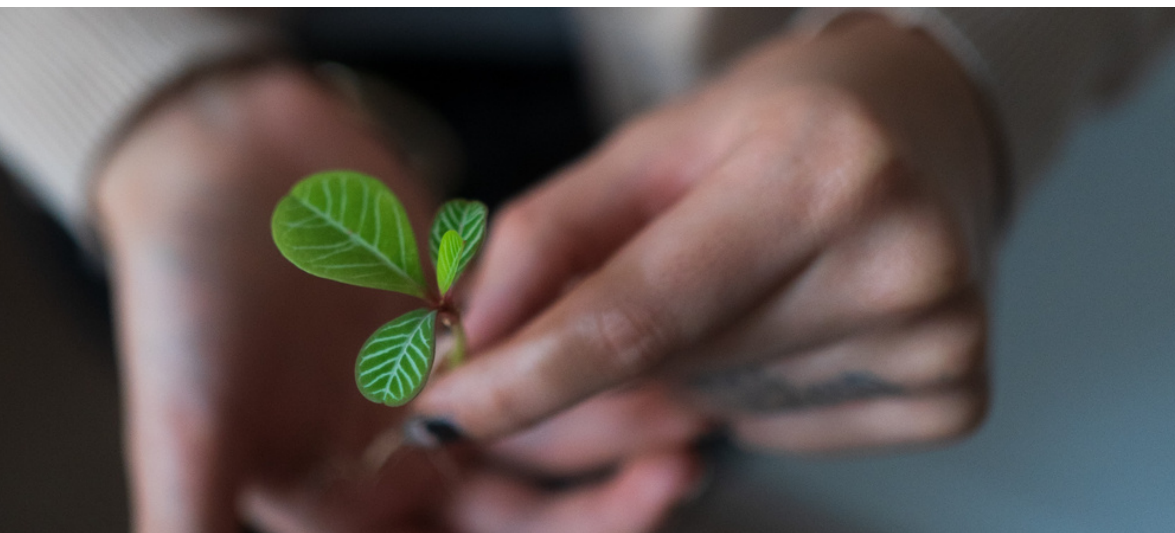


Seed Program INFORMATION

Our Seed New Therapist Program is a structured year long traineeship for therapists new to hand therapy. It is implemented in your own clinic, with step by step instructions for both employer and trainee. It ensures your new therapists are equipped with evidence based practical knowledge, ready to confidently tackle their caseload, and become an asset to your business.

Buying the 3 year licence gives you certainty and consistency in training any therapist new to hands in your clinic over this time. Such a time saver and incredibly affordable for an employer.

Find out more...





About Seed

Any significant decision requires information and thought. Purchasing a training program is no exception, so this information is to clarify what you get in Seed - for you and your therapist. Seed provides a platform for your therapists to access the wealth of content and resources within the program whenever they need it. The program is structured to build upon skills gained in each stage as well as paced to give opportunity for comprehensive learning.

In this guide you will find the program outline broken down into blocks, detailing the content covered in each module.

My hope is that you will all benefit from the experience we have been gaining over the many years we've been training therapists and the lessons we've learned along the way.

I want Seed to work for you as well as it's worked for many others.

Warm regards

Beth



WHAT YOU CAN EXPECT

Staged and Structured

Seed runs over 13 months with stages released every 3 months. To assist you with setting this up in your own clinic or supervising a therapist going through Seed, I not only have all the module content but guides for both supervisor and therapist. I provide assistance to help you plan and set expectations for your therapist.

Examples and Expectations

Within Seed I share with you what the program looks like in our clinic so that you can adapt it to fit yours. Seed allows flexibility and freedom to suit almost any hand therapy clinic and learning style.

Support

I will keep in touch with you on a monthly basis and am available for questions throughout the program. Additionally your therapist has complimentary Thrive membership for the duration of the program. Thrive gives you connection with an amazing group of other therapists who have a wealth of experience and are incredibly generous in their support.

There is also the opportunity of one on one support sessions with Beth during the year. You and/or your therapist can book these when you need them.



SEED PROGRAM

Overview

Each of the core modules run across the whole year with relevant content for the quarter

CORE MODULES

Introduction, tools and important information
Anatomy & Assessment
Splinting

STAGE ONE MONTHS 1-3

Wounds, oedema and scar
Common hand fractures and joint injuries
Tendons: Extensors and intro to flexors, triggers, deQuervains
Common hand conditions: CTS, Thumb OA & Dupuytren's

STAGE TWO MONTHS 4-6

Fractures: Finger fractures, thumb fractures
Tendons: Flexor tendon injuries, thumb extensor injuries
Wrist: Ganglions, distal radius fracture, scaphoid fracture

STAGE THREE MONTHS 7-9

Fractures: Carpal, forearm & radial head fractures
Wrist TFCC, ECU and central wrist ligament injuries
Nerves: Compressions, peripheral nerve injury

STAGE FOUR MONTHS 10-13

Fractures & Joints: Elbow, humeral fractures, PIP joint arthroplasty
Complex: Crush injury, infections, soft tissue reconstructions
Other: Distal biceps tendon injuries, Two stage FTR, Lateral elbow tendinopathy



SEED PROGRAM *Details*



01

Stage 1 Groundwork

Anatomy: Bony and muscular anatomy of the hand and forearm including surface anatomy

Hand Assessment: from initial consultation, goniometry and strength measurements

Wounds in hand therapy, Oedema management, Scar management

Fractures & dislocations: Metacarpal fractures, PIP joint injuries, thumb MP joint injuries and fingertip injuries

Tendons - Extensors and intro to flexors, triggers, deQuervains

Common Hand Conditions - CTS, Thumb OA & Dupuytren's

02

Stage 2 Growth

Anatomy: Wrist and forearm surface anatomy, tendon anatomy

Assessment: Viewing XRays, assessing tendons, basics of wrist assessment

Fractures: Finger fractures (P1, P2), thumb fractures

Wrist: Ganglions, distal radius fractures & Xrays, Management of DR#, scaphoid fractures

Tendons: Flexor tendon injuries, zones 1,2 then zones 3-5 thumb extensor injuries, and multiple extensor tendon injuries

03

Stage 3 Expand

Anatomy: Nerve anatomy, surface anatomy of the arm

Assessment: Manual muscle testing, Sensory testing

Fractures: Carpals, forearm & radial head fractures

Wrist: The ulnar wrist -TFCC, ECU and central wrist ligament injuries

Nerves: Compressions including cubital tunnel, radial tunnel then peripheral nerve repairs for median, ulnar and radial nerves

04

Stage 4 Flourish

Anatomy & Assessment of the elbow - bony, surface anatomy, elbow stability assessment

Fractures & Joints: Elbow fractures, humeral fractures, PIP joint arthroplasty

Complex: Crush injury, infections, soft tissue reconstructions

Other Tendon problems: Distal biceps tendon injuries, Two stage FTR, Lateral elbow tendinopathy



RESOURCE LIBRARY IN *Seed*

01

Stage 1 Groundwork

- Objectives and competencies
- Self assessment tool
- Therapist and employer guides
- Workbooks for each module which include cheat sheets and guides
- Wound assessment guide and resources

02

Stage 2 Growth

- Objectives and competencies
- Self assessment tool
- Therapist and employer guides
- Module workbooks
- Guide for viewing XRays
- Tendon repair treatment guides

03

Stage 3 Expand

- Objectives and competencies
- Self assessment tool
- Therapist and employer guides
- Module workbooks
- Nerve assessment guides
- Taping for wrist injury

04

Stage 4 Flourish

- Objectives and competencies
- Self assessment tool
- Therapist and employer guides
- Module workbooks

This library is dynamic. It's growing to include more treatment guides, exercise recommendations and progression, splinting tutorials, treatment planning skills and modules on non clinical skills related to hand therapy.

What We Offer

PAYMENT PLAN

Monthly Payment

Monthly Payment

- ✓ Seed Program all four stages
- ✓ Annual Thrive membership
- ✓ Guides, tools, resources and support

\$599

billed monthly

Up front Payment

Save 20% with this option

- ✓ Seed Program all four stages
- ✓ Annual Thrive membership
- ✓ Guides, tools, resources and support

\$5,999

one time payment

Set up fee \$699

one time payment

- ✓ Individual login for each therapist in the program
- ✓ Complimentary employer/supervisor login for the duration of the program



About Cancellations

I know the risks and burden associated with putting on new staff or training someone in a new role. I know too that sometimes those new staff leave unexpectedly. It's tricky.

When you buy Seed you are committing to an investment in your business and your therapist. So what happens if you have to cancel Seed?

I want to make it easier for you to make wise decision and juggle the budget, with a flexible cancellation policy.

- A full refund in the first month if you find Seed is not what you want or doesn't suit your practice.
- If cancellation occurs in the first 3 months the options are a pro rata refund.
- If your therapist leaves within the first 9 months, your program goes on hold. You have a licence for 3 years so you can restart the program with another therapist should you wish to do so.
- No refund is available on the setup fee but this can be transferred if your new therapist leaves in the first 3 months.

If you have other special circumstances, all you need to do is reach out to me to discuss options.





LET'S CONNECT

If you still have questions I'd love to talk to you.

If you have more than one therapist you'd like to sign up to Seed, that's easy. Just pay for one licence and a set up fee for each therapist you'd like to enrol.

You can contact me via the website, email or book a one on one conversation. Or you can hop straight in and get Seed now.



www.handspark.com/seed



learn@handspark.com



[Book a conversation](#)



[Buy a Seed licence](#)