

# FINGER EXTENSOR SYSTEM QUIZ

1

WHAT MUSCLE SYSTEMS CONTRIBUTE TO IP JOINT EXTENSION?

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2

WHAT STRUCTURE IS MOST SUPERFICIAL OVER THE DORSAL PIP JOINT?

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3

CHRONIC INJURY TO WHAT STRUCTURES LEAD TO A BOUTONNIERE DEFORMITY?

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WHAT STRUCTURES ARE INVOLVED IN A PSUEDO BOUTONNIERE?

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WHAT CAN CAUSE A SWAN NECK DEFORMITY?

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6

WHAT CHANGES OCCUR IN THE FINGER SOFT TISSUES IN SND?

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WHAT STRUCTURES ARE INVOLVED IN A MALLET FINGER?

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8

WHAT STRUCTURES CAN BE INVOLVED IN A ZONE 3 ETI?

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# FINGER EXTENSOR SYSTEM QUIZ ANSWERS

1

**WHAT MUSCLE SYSTEMS CONTRIBUTE TO IP JOINT EXTENSION?**

- EDC
- Interossei
- Lumbricals
- EPL

2

**WHAT STRUCTURE IS MOST SUPERFICIAL OVER THE DORSAL PIP JOINT?**

- Central slip

3

**CHRONIC INJURY TO WHAT STRUCTURES LEAD TO A BOUTONNIERE DEFORMITY?**

- Spiral fibres of the dorsal apparatus
- Central slip

4

**WHAT STRUCTURES ARE INVOLVED IN A PSUEDO BOUTONNIERE?**

- PIP Volar plate
- Conjoined lateral bands

5

**WHAT CAN CAUSE A SWAN NECK DEFORMITY?**

- Disruption to the terminal tendon at the DIP joint
- Insufficiency of the PIP volar plate
- Tight FDP repair

6

**WHAT CHANGES OCCUR IN THE FINGER SOFT TISSUES IN SND?**

- Elongation of the ORL
- Dorsal migration of the lateral bands/Conjoined lateral bands
- Retraction or elongation of the terminal tendon

7

**WHAT STRUCTURES ARE INVOLVED IN A MALLET FINGER?**

- Triangular ligament
- Terminal tendon
- Distal phalanx avulsion fracture

8

**WHAT STRUCTURES CAN BE INVOLVED IN A ZONE 3 ETI?**

- Central slip
- Middle phalanx avulsion fracture
- Lateral bands/conjoined lateral bands
- Spiral fibres